

October BIRTHDAYS!

Rita H. 11/4

Fall Fun at Blake's Cider Mill

Residents enjoyed a beautiful fall outing to Blake's Cider Mill! We sipped fresh cider, savored delicious donuts, explored festive fall shopping, and took a scenic train ride past apple orchards, pumpkins, and colorful flowers. A wonderful day spent with family and friends!















Pink with a Purpose!

Residents came together for a special happy hour honoring Breast Cancer Awareness Month with pink charcuterie, sweet treats, fun pink drinks, and meaningful conversations.







FAMILY & FRIENDS REFERRAL PROGRAM!

$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

MAIN CONNECT

MC Neighborhood

NOVEMBER 2026



Monthly Reflection

October was filled with festive fun, laughter, and wonderful memories! We kicked off the month with a Pumpkin Spice Party, sampling delicious fall treats, and brewed up some Halloween fun with Witches' Brew trail mix and trivia. Residents enjoyed our annual trip to Tillson Street to admire the spooky displays and celebrated Active Aging Week with a scenic Walk & Roll through Municipal Park. We wrapped up the month with a spooktacular Halloween celebration, welcoming family and friends for trick-or-treating throughout our community! From beautiful fall colors to sweet treats and great company, October was full of moments that matter!

November is bringing wonderful opportunities for music, laughter, gratitude, and togetherness! We're excited to welcome the Oakland Youth Orchestra for a special performance and honor our veterans with a heartfelt dinner and ceremony alongside Troop 188. Residents will also enjoy a fall outing to Bowers Farm and a trip to Emagine Theatre to watch the comedy classic Planes, Trains and Automobiles. We look forward to a month filled with meaningful moments, great company, and plenty to be thankful for!

WALTONWOOD MAIN
Redefining Retirement Living
SINGH

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COMMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

Emily Long
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AL Life Enrichment Manager

Kristin Newton
MC Life Enrichment Manager

Nicole DeCarlo
Business Office Manager

Aaron Rodino
Marketing Manager

Carolyn Martin
Marketing Manager

Wendy Schneider
Resident Care Manager

Alicia Hardville
Wellness Coordinator, 1st Floor

Megan Herbert
Wellness Coordinator, 2nd Floor

FOREVER FIT: STRONG BODY & SOUND MIND

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.



EMPLOYEE OF THE MONTH

Michelle
Housekeeping Supervisor

- Celebrating 3 years of dedicated service at Waltonwood!
- Brings 15 years of housekeeping experience.
- Retired Detroit Police Officer.
- Proud mother of six children—five boys and one girl!
- Enjoys quilting and crocheting in her free time.



RESIDENT OF THE MONTH

Martha
MC Resident

- Married and has two sons
- From Detroit, Michigan
- Attended Wayne State University
- Has a bachlors degree in education
- Taught first and second grade
- Enjoys reading and her family

October Highlights

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Pumpkin Spice & Everything Nice! We kicked off October with a pumpkin spice party! Residents enjoyed tasting pumpkin salsa, cookies, bars, and dip while celebrating the flavors of fall!

12

Witches' Brew Fun!
We mixed treats, trivia, and a little Witches' Brew trail mix for some festive fun! With help from our little assistants, we whipped up the perfect spooky brew!

14

Our Memory Care residents enjoyed our annual trip to Tillson Street, taking in the spooky sights and festive Halloween displays!

23

Fall Walk & Roll! As part of Active Aging Week, residents enjoyed a scenic walk and roll through Municipal Park, taking in the beautiful fall colors and sharing great conversations along the way!







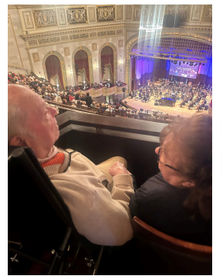


Adventure by Waltonwood "A Symphony of Memories"



Bob enjoyed a very special Waltonwood Adventure to the Detroit Symphony Orchestra with his daughter, Sharon. Her first concert with her dad was at the DSO when she was just seven years old, making their return together especially meaningful.
The DSO provided additional sensory experiences for Bob, who is visually impaired, helping make the day even more enjoyable. They also had the opportunity to go backstage, meet the conductor and performers, and even step onto the stage!
The day ended with a delicious meal at Bob's family-owned Lukich Family Dining.
A wonderful day filled with music, memories, and meaningful moments.













Upcoming Special Events

7 We're excited to welcome the Oakland Youth Orchestra for a special live performance! Join us as these talented young musicians fill our community with beautiful music and joy

11 Join us for a special Veterans Day dinner and ceremony with Troop 188 as we honor those who bravely served our country!

11 We're off to Emagine Theatre for a fun movie outing to see the comedy classic Planes, Trains and Automobiles! Get ready for laughter, popcorn, and great company!

18 We're off to Bowers Farm for fresh air, beautiful fall scenery, and a little farm fun!



EXECUTIVE DIRECTOR CORNER

November is known as the month of giving thanks! As we wind down this eventful year of 2026, it is important to take a moment to recognize and appreciate the people who make a meaningful impact on our everyday lives.
The first person I want to express my gratitude to is my amazing wife, Alyssa. She is always there for our son and me, without hesitation! Alyssa is such a sweet, loving, and understanding person, and I know I don't give her enough credit for all the joy she brings to my life. I am incredibly grateful for her love, support, and everything she does for our family.
The next group of people I want to recognize is my incredible team here at Waltonwood Main. Our associates do amazing things for our residents every single day, and their dedication does not go unnoticed. From our kitchen crew to our resident care team and every associate in between, everyone plays an important role in making Waltonwood Main a wonderful place for our residents to call home. I am truly thankful for their hard work, compassion, and commitment to making a difference each day.