

November BIRTHDAYS!

SANDRA M.- 11/8

RAY M.- 11/14

SAM A.- 11/18

TRUDY C.- 11/19

ALFRED T.- 11/30

Trick-Or-Treat!





















FAMILY & FRIENDS REFERRAL PROGRAM!

$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

MAIN CONNECT

NOVEMBER 2026

WALTONWOOD® MAIN

Redefining Retirement Living

SINGH

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www.waltonwood.com | 248-266-0565
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Monthly Reflection

October certainly gave us plenty to enjoy here at Waltonwood Main! From the beautiful fall colors and crisp autumn air to all the seasonal festivities, we made the most of everything this wonderful time of year has to offer. We spent an afternoon visiting our favorite local cider mills, sampling plenty of fresh cider and eating more donuts than we'd care to admit! We also enjoyed one of our favorite Halloween traditions, welcoming trick-or-treaters into our community for an evening filled with costumes, candy, and plenty of smiles. There's something special about this time of year, and we loved sharing it with one another.

As we turn the calendar to November, the leaves are falling, the temperatures are dropping, and the holiday season is just around the corner! Don't forget to set your clocks back on November 1st as we "fall back" and enjoy that extra hour of sleep. While the days may be getting shorter and the weather a little chillier, there's no shortage of warmth and activity here at Waltonwood Main. November brings opportunities to slow down, reflect on what we're thankful for, and enjoy the company of friends and family. With Thanksgiving approaching and the excitement of the Christmas season not far behind, we have so much to look forward to in the coming weeks. We're grateful for the friendships, laughter, and wonderful memories that make this community feel like home, and we can't wait to celebrate another holiday season together!

COMMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

Derek Hill
Environmental Services Manager

Aaron Nash
Culinary Services Manager

Alexandra Dalga
AL Life Enrichment Manager

Kristin Newton
MC Life Enrichment Manager

Nicole DeCarlo
Business Office Manager

Carolyn Martin
Marketing Manager

Aaron Rodino
Marketing Manager

Wendy Schneider
Resident Care Manager

Alicia Hardville
Wellness Coordinator, 1st Floor

Megan Herbert
Wellness Coordinator, 2nd Floor

FOREVER FIT: STRONG BODY & SOUND MIND

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

EMPLOYEE OF THE MONTH

Michelle Underwood

Housekeeping Supervisor

- Celebrating 3 years of dedicated service at Waltonwood!
- She has 15 years of housekeeping experience
- Michelle is a Retired Detroit Police Officer
- Proud mother of six children—five boys and one girl!
- Enjoys quilting and crocheting in her free time



October Highlights

October was full of fall fun, familiar traditions, and even a few new adventures here at Waltonwood Main! We kicked off a new tradition with our first-ever Cider Mill Crawl, making our way to several of our favorite local cider mills to sample their cider and donuts. After plenty of taste testing, we decided it was impossible to pick a favorite — they're all too good! Back at home, we kept the fall festivities going with seasonal happy hours, good music, and even better company. One of our favorite annual traditions, Pumpkins & Power Tools, also made its return! With a little help from our Environmental Services Manager, Derek, we traded traditional carving knives for power tools and got creative with our jack-o'-lanterns. It's always a resident favorite and never fails to bring plenty of laughter! And of course, October wouldn't be complete without the return of the Dancing Witches, who once again took over our dance floor with their entertaining Halloween performance. From sweet treats and creative traditions to music and laughter, October gave us plenty of reasons to celebrate the season and make wonderful memories together!











Upcoming Special Events

5 November

Calling all veterans! Help us honor your service by having your photo taken for our Veterans Wall, a special tribute to the men and women who have served our country.

16 November

Roll up your sleeves and grab a glass of wine! Join Alex as we learn to make pie dough from scratch, share a few baking tips, and enjoy some good company along the way.

Save the Date!



9 November

Join us for a visit to Bowers Farm, where we'll meet the animals, explore the grounds, and enjoy a little fresh air and farm life! Don't miss this fun afternoon outing.

23 November

Good friends, good food, and plenty to be thankful for! Join us for a festive Friendsgiving Happy Hour as we raise a glass to the friendships and wonderful community we share.

EXECUTIVE DIRECTOR CORNER

November is known as the month of giving thanks! As we wind down this eventful year of 2026, it is important to take a moment to recognize and appreciate the people who make a meaningful impact on our everyday lives. This November I want to recognize is my incredible team here at Waltonwood Main. Our associates do amazing things for our residents every single day, and their dedication does not go unnoticed. From our kitchen crew to our resident care team and every associate in between, everyone plays an important role in making Waltonwood Main a wonderful place for our residents to call home. I am truly thankful for their hard work, compassion, and commitment to making a difference each day.

Friendly reminder that we will be hosting our annual Thanksgiving family buffet on Thursday, November 19th! Please make sure you RSVP at the front desk. Cant wait to see everyone there!

ED corner question: What side dish do you look forward to eating most at Thanksgiving dinner?

Jon Hills