

Happy Birthday!

Dennis T.
November
30th



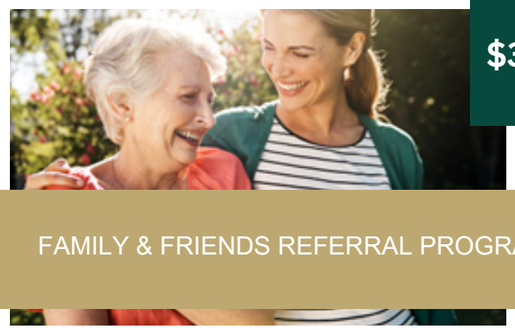
NOVEMBER ANNOUNCMENTS

Thanksgiving Dinner

Join us on Thursday, November 19th, at 4:30 p.m. for our Thanksgiving Celebration Buffet at Waltonwood Lake Boone Memory Care! Residents are invited to enjoy a delicious holiday meal featuring traditional Thanksgiving favorites, including roasted turkey, honey-baked ham, savory sides, and seasonal desserts. We welcome residents and their guests to gather for an afternoon of gratitude, fellowship, and holiday cheer. Guest tickets are $25 per person, and reservations are required by November 15th. Please RSVP to Culinary at 984-232-0528. You may need to leave a voicemail. We look forward to celebrating the season of thankfulness with you!







$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE BOONE CONNECT

NOVEMBER 2026

WALTONWOOD
LAKE BOONE
Redefining Retirement Living
SINGH
3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444

Hello November!



A Beautiful November

November brings a special kind of warmth as we gather together and enjoy the beauty of the changing season. With crisp autumn air, colorful leaves, and the anticipation of Thanksgiving, this month gives us many reasons to pause and appreciate the people and moments that make our community special. It's a wonderful time to share stories, enjoy favorite traditions, welcome new memories, and express gratitude for the friendships we have built. As we enter this season of thankfulness, may November bring each of us plenty of laughter, connection, and joy.

COMMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Yvette Gunter
Business Office Manager

Jennifer Noyd
Independent Living Manager

Nancy Urbanowicz
Independent Living Life Enrichment Manager

Andre Vaughn
Environmental Services Manager

Alexander Smith
Culinary Service Manager

Niya Stafford-Hooks
Paisly Valeri
Marketing Managers

Latasha Archie
Resident Care Manager

Holly Bryant
Assisted Living Life Enrichment Manager

Rachel Walters
Memory Care Wellness Coordinator

Sheridan Schoen
Memory Care Life Enrichment Manager

ASSOCIATE SPOTLIGHT:

Vivian Brown



Vivian has been a special part of the Waltonwood family for five years as our Bistro Manager, bringing warmth and care to our community each day. Her favorite part of working at Waltonwood is the residents and the meaningful connections she has built with them through daily interactions. Vivian's dedication goes beyond her role, as she truly values the relationships she shares with those around her. Outside of work, Vivian has a big heart for family, enjoying caring for her parents and spending precious time with her four daughters and 20 grandchildren. We are so thankful to have Vivian as part of our Waltonwood family and appreciate the kindness, love, and personal touch she brings to our community. Congratulations, Vivian

OCTOBER HIGHLIGHTS







FOREVER FIT: FOCUS ON FITNESS

Strong Body & Sound Mind

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

Happy Thanksgiving!

Thanksgiving is a special time of year to reflect on the many blessings in our lives and to give thanks for the people who make each day meaningful. It is a time to gather with friends and family, share cherished memories, enjoy delicious food, and create new moments to treasure. Here at Waltonwood Lake Boone, we are especially grateful for the friendships we share, the kindness of our neighbors, and the wonderful moments that bring us together. May this Thanksgiving season fill your hearts with warmth, your homes with happiness, and your days with peace, laughter, and gratitude. From all of us, we wish you a very happy and blessed Thanksgiving!



NOVEMBER SPECIAL EVENTS

3
Outing: Farmers Market

11
Veterans Day Happy Hour

16
Bluegrass Band Performance

26
Happy Thanksgiving!









EXECUTIVE DIRECTOR CORNER

As we enter November, a season of gratitude and reflection, I am especially thankful for my time as Executive Director at Waltonwood Lake Boone. It has been a privilege to lead this community, work alongside a dedicated team, and build meaningful relationships with our residents and families.

As I prepare to begin a new chapter in my professional journey, leaving this community is not an easy decision. Waltonwood Lake Boone has become much more than a workplace, and I am incredibly proud of what we have accomplished together.

Thank you for your kindness, support, and trust throughout my time here. I will always cherish the memories and relationships I have made and will continue cheering this community on. Wishing you and your families a wonderful Thanksgiving filled with love, laughter, and gratitude.

Cameron Gregory