

November Birthdays: Happy Birthday!

Evelyn N.	11/6
John B.	11/9
Arlene M.	11/16
Bob E.	11/17
Roberta D.	11/21
Pat M.	11/24
Sue Mc.	11/27

Welcoming our New Residents:

Elizabeth A.	#350
Angela S.	#331
Debra M	#208
Nancy H.	#115
Carol L.	#238
Shirley B.	#332
Pat S.	#306
Rose R.	#333
Bernie B.	#218
Bob + Anne	#308
Rosetta B.	#234



FRIENDS & FAMILY REFERRAL PROGRAM!

COMMUNITY MEETINGS

- Resident Council Meeting: November 4th @ 2:00pm (PD)
- Any suggestions, comments, concerns, or feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: There is no food meeting in November. Thank you!
- Town Hall: November 24th @ 2:30pm (DR)

OUTING OPPORTUNITIES

Sundays 9:30am- St. Thomas a' Becket Catholic Church
Wednesdays 9:30am- Meijer or Kroger Shopping
Mondays 2:00pm- Library Trip with the Walker's
Please note that the Meijer Shopping will be at 9:00am on the 18th.
Please sign up in the Post Office for all outings, unless otherwise specified.

November 5th @ 12:00pm: Karl's Cabin (Sign up in the Post Office) Karl's celebrates 44 years as a family-owned, independently operated restaurant. Their chefs craft rustic American comfort food with seasonal, locally sourced ingredients, paired with boutique wines, rotating craft beers, and thoughtful cocktails. Residents are responsible for the cost of their own purchases. *Minimal walking required.*

November 18th @ 11:00am- Schoolcraft Noon Concert (Sign up in the Post Office) Performance by Anthony Bonamici (Piano). Free admission for those attending. *Minimal amount of walking required.*

November 19th @ 12:00pm- Men's Group Outing to Mission BBQ (Sign up in the Post Office) MISSION BBQ opened its doors for business on September 11, 2011.Ten years after our world changed forever, in some small way we wanted to change it back. As the founders of MISSION BBQ, we strive every day to remind everyone what makes Our Country great—its heroes. Residents are responsible for the cost of their own purchases. *Minimal walking required.*

November 25th @ 12:30pm- Plymouth Historical Museum (Sign up in the Post Office) Since 1948, the Plymouth Historical Society (also known as the Friends of the Plymouth Historical Museum), has operated through the generosity of donors who value the rich fabric of Plymouth's important history. *Walking Required*. Residents are responsible for the cost of their ticket ($7)

$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT
NOVEMBER 2026



LIFE ENRICHMENT CORNER

Men's Group- Beer and Card Games:
Calling all men, please join us in the Billiards room on the second floor on November 23rd at 1:00pm for a fun afternoon of beer and card games. Sign up is not required and we look forward to seeing you all there!

Ladies Choice:
Calling all ladies! On November 2nd at 1:00pm in the 3rd Floor Library, we will be meeting for an open discussion on Thanksgiving memories. This will also feature Hot Tea and wine. This is an opportunity for ladies to come together and enjoy each other's stories and knowledge! Sign up in not required, and we hope to see you there!

Travelogue Series:
Each month we will be "electronically" traveling to a new place around the world. In November, our eleventh stop is Iceland. Our travels will be accompanied by delicious Kleinur (Icelandic Donut) and Kókómjólk (Chocolate Milk). Once our electronic travel is complete, we want to open a discussion to hear stories or share about travels. Sign up is not required and we hope to see you there.

Baking Hour:
Our Baking Hours have been revamped and are November 17th and 24th at 11:30am in the Activity Room. These will be taught by one of our incredibly talented Pastry Chefs that will walk you through each step of baking. Sign up in the post office if you are interested and please see Logan with any questions. **IF you sign up and are not able to attend- please notify Logan**

Honoring Our Veterans:
November 10th at 12pm our veterans are invited to join us for a delicious Veterans Luncheon. This event is veterans only and sign up is not required.

November 11th at 2:00pm everyone is invited to join us for a ceremony honoring the veterans within our community. Everyone is welcome to join us for an afternoon of reflection and gratitude. Sign up is not required.

-Life Enrichment Department

WALTONWOOD®
Redefining Retirement Living
SINGH

42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com |734-981-7100
Assisted Living 734-981-5070
Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Art Romualdo
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
Independent Living Senior Life Enrichment Manager

Assisted Living
Life Enrichment Manager

Mallory Bryant
Memory Care
Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Memory Care Wellness Coordinator

Virginia Rios
Assisted Living Wellness Coordinator

ASSOCIATE SPOTLIGHT

Congratulations Dennis! Dennis is one of our amazing Maintenance Technicians. He has a strong work ethic and is always willing to lend a helping hand. We are blessed to have him as a part of our team and honored to name him as our November Associate of the Month!



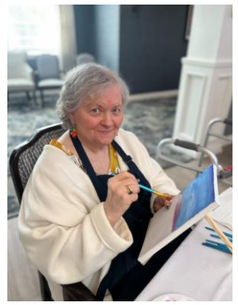




OCTOBER MONTHLY HIGHLIGHTS

5th – 9th

We had such an amazing time celebrating Active Aging week with you all. There are so many ways to help support your and, body and spirit as you age and we hope you enjoyed the many programs that celebrated that. Thank you!





27th

We hope everyone had fun welcoming Maybury Childcare for a morning filled with Trick-or-Treating! It is always a blast seeing all of the kids in their costumes and we hope you all enjoyed the special visit!





FOREVER FIT: Strong Body and Sound Mind

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

- Chris Grabowski, MS | Senior Forever Fitness Manager

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

National Alzheimer's Month

November is National Alzheimer's Month and we a honored to be recognizing it in multiple ways.

November 16th at 1pm: Join us in the Theater for an educational presentation by the Alzheimer's Association to dive in and learn about the fundamentals of Alzheimer's and Dementia. Sign up is not required and we hope to see you all there.

November 17th 12:30pm-3:30pm: Join us in the Piano Area for our Annual Community Bake sale where all proceeds will be donated to the Alzheimer's Association. This bake sale will feature a variety of different baked goods, made specially by our extremely talented Pastry Chefs. It will also feature the opportunity for residents to be able to pre order full size pies for their Thanksgiving holiday. Pie Pick up will take place on November 24th from 12pm-1pm.

NOVEMBER SPECIAL EVENTS

Saturdays at 2:00pm

Bible Study with John:
Join us in the 3rd floor Library for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

Monday - Saturday 10:00a.m.

MORNING STRETCH:
Start your day with a safe, effective total-body workout combining seated and standing exercises. You'll use light weights and Therabands to build muscle endurance, improve coordination, and enhance flexibility.

Monday the 30th

Educational Presentation:

Join us the theater at 1:00pm for a presentation by Jane Bassett from Bassett Law on all things Estate Planning. Sign up is not required.

We hope to see you all there!

EXECUTIVE DIRECTOR CORNER

The team at Waltonwood Cherry Hill are in full swing of holiday planning for multiple fun filled holiday celebrations for residents and families. We are hosting our annual Thanksgiving Celebration on Saturday November 21st with seating time options of 11:30 p.m., 1:30 p.m. and 3:30 p.m. Please make your guest reservations by November 13th to join us for this special occasion. We are also planning for the December Holiday Family meal as well and will be getting information to you mid-November on dates and times. Resident Engagement Surveys will be coming out early this year to take place in December. We are currently working with our survey provider on specifics of distribution and dates. We will be providing more information in the next few weeks. This is a great opportunity to share your resident experience so we can continue to enhance the services provided to you.