

NOVEMBER BIRTHDAYS

SHARON P. - 11/2
ROSE A. - 11/5
DON R. - 11/7
BEVERLY W. - 11/11
MARGE B. -11/22
SHIRLEY M. - 11/28





FAMILY & FRIENDS REFERRAL PROGRAM!

SAVE THE DATE!-SIGN UP IN THE BOOK IN THE LIBRARY FOR OUTINGS

1 Don't forget to turn your clocks back!

2 Join us in Memory Care to make a Simmer Pot Craft.

2 As the weather is getting cooler, we will start going to the mall for our Walking Club. Join Life Enrichment for a fun walk and a cup of coffee at the food court! We will meet in the front lobby PROMPTLY at 2:30.

4 Join Katie in the Assisted Living Library for Chair Yoga.

5 Are you a veteran? We have a Wall of Honor in the Assisted Living (AL) Main Hallway and need your picture! Please meet the Life Enrichment Team in AL to have your photo taken for our wall.

6 We will be making jewelry with our guest teacher, Biljana. Please sign up in the book so she can plan for the amount of supplies to bring. This is a free class!

9 We're headed to the Novi Civic Center for this free class "Foods that Love Your Brain" where we'll learn about everyday nutrition that supports memory and overall brain health! Sign up in the book by November 6.

10 We will be heading to the Novi Civic Center where our veterans will be honored with a special meal. By invitation only.

10 Our guest speaker, Tamara Zoner, will be talking with us about "The 7 Habits of the Happiest People." Join us in the theater for a great time!

11 This in-house celebration of our veterans will take place in the Assisted Living area. The American Legion will be here to perform a flag folding ceremony and a 21-gun salute. We will enjoy refreshments as we are entertained by Jimmy Z. This is an invitation only event.

$4,000 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

WALTONWOOD
TWELVE OAKS
Redefining Retirement Living
SINGH

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
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NOVEMBER 2026

EXECUTIVE DIRECTOR CORNER - JOE WHITNEY

As we head into the Holiday Season, November is the month of Thanksgiving. Personally this is a special holiday as I always want to reflect on those things in life that I am thankful for. I am thankful for family, friends and the community of Waltonwood. We all make up the Community, residents, associates, and family member working together to provide the best possible experience for all of us. The world is challenging right now, but I hope all of you take a moment this Holiday Season to reflect on what you are all thankful for.



THANKSGIVING DINNER BUFFET

You are invited to our annual Thanksgiving Dinner Buffet on Saturday, November 21st. We will have two sittings;12:00pm and 2:00pm. All residents and guests are welcome. Guests are $25 per person.
All seating times are by reservation only.
Please RSVP to the concierge or call (248) 735-1500 by Friday, November 13th.

COMMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Justin Will
Independent Living Manager

Jacob Chamberlain
Culinary Services Manager

Heather Laskos
Lead Marketing Manager

Casey Hess
Marketing Manager

Shay McClendon
Resident Care Manager

Priyanka Ghelani
Wellness Coordinator

Tylisha Jones
Wellness Coordinator

Alecia Greenberg
Life Enrichment Manager (MC)

Marcia Combs
Life Enrichment Manager (AL)

Debby Runnels
Life Enrichment Manager (IL)

Chris Lokinski
Environmental Services Mngr

FOREVER FIT: STRONG BODY AND SOUND MIND

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According to the Mayo clinic, researchers have found that a third of dementia diagnoses are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure you're always up for the task.



SAVE THE DATE CONTINUED!

11 Sign up in the book to go to the Novi Library where we will hear a talk about the life of Clara Ford (wife of automotive pioneer Henry Ford) and their historic Fairlane estate.

12 The Detroit Opera Touring Ensemble will be here for a fall concert in the Piano area!

13 Sign up in the book for a day of Lunch and shopping in Frankenmuth.

17 The Traveling Sales Gals will be in the IL Front lobby with multiple vendors set up for your shopping pleasure!

18 Meet with the guys of Waltonwood in the Mullet Lake Hub for **Men's Club!**

18 Book Club will meet in the Belle Isle Lounge to discuss "The Aviator's Wife" and to choose our next book.

19 You are invited to attend the Grief Support Group led by Social Worker Keeyana, in the 3rd Floor Belle Isle Lounge. This group meets to talk about more than just the loss of a loved one. Grief can be related to any type of life change, among other issues.

19 We will have lunch at the DIA and stay for a free concert. Please sign up in the book by Nov. 16th.

20 Life Enrichment will be running the bus like a shuttle around the Novi area so you can do your holiday shopping. Sign up in the book.

26 Happy Thanksgiving! All activities for today will be resident led.

30 We will spend the day decorating for the holidays!

TO JOIN US OUTSIDE OF THE COMMUNITY

Join us for exciting outings beyond Waltonwood Twelve Oaks. We're planning trips to fun restaurants, charming cider mills, and other fun local spots. It's a wonderful opportunity to explore new places, enjoy delicious meals, and create lasting memories with friends.
Don't miss out on the fun – sign up in the "Sign Up" book in the Library today!

EMPLOYEE SPOTLIGHT - HOPE HADDAD

Hope has been with Waltonwood since September as a Life Enrichment Assistant. She started working with seniors when she was 18 because her grandpa had dementia, and has continued working in senior living since then. In her free time, Hope enjoys going to concerts, finding new music to enjoy, and reading. In the summers she also enjoys hiking and going to lakes with her little dog. We're so happy to have her as part of our Waltonwood Community!



NEW RESIDENT ORIENTATION

Are you a newer resident at Waltonwood? Do you have questions about "the way things work" here? Come to the "Newer Resident Orientation" on November 8 at 12:30pm in the first-floor Mullet Lake Hub. We will have fresh muffins and fruit while we talk about dining room seating etiquette, how to schedule rides for doctor appointments, where to sign up for outings, life enrichment activities, and so much more! You will have an opportunity to ask questions, then we'll end the time by taking a tour of the building. You don't have to be brand new to attend.

PLEASE NOTE THAT THE ACTIVITY LOCATION KEY HAS BEEN UPDATED ON THE CALENDAR.

1= LOWER LEVEL 2= MAIN LEVEL 3= UPPER LEVEL

LOCATION

(MLH)-MULLET LAKE HUB-1 **(FL)**-FRONT LOBBY- 2 **(TLP)**-TORCH LAKE PUB- 1
(SC)-SINGH COLLEGE- 1 **(L)**-LIBRARY- 2 **(BIL)**-BELLE ISLE LOUNGE- 3
(TH)-THEATRE- 1 **(PA)**-PIANO AREA- 2
(O)-OUTING - WE MEET IN THE FRONT LOBBY ON LEVEL 2
(AL)-ASSISTED LIVING - LOCATED THROUGH THE LOCKED DOOR ACROSS FROM THE IL CONCIERGE DESK ON LEVEL 2
(AP)-ASSISTED LIVING PRIVATE DINING ROOM- 2
(AL DR)-ASSISTED LIVING DINING ROOM- 2
(AL LIB)- ASSISTED LIVING LIBRARY- 2