

RESIDENT BIRTHDAYS

10/3: John Herde
10/4: Chuck Corbett
10/5: Bob Ehinger
10/8: Ann Shaffer
10/9: Marcia Aguiar
10/10: Valerie Giovanni
10/18: Calvin Larson
10/20: Jim Lucas
10/22: Maria O'Connor
10/23: Encarna Gordon
10/28: Tom Eger
10/30: Josie Christensen
10/31: Kay Turley



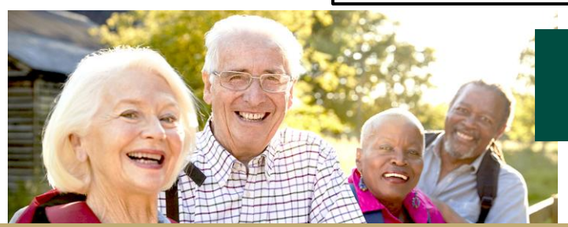
News Tidbits:

APARTMENT IN-HOUSE CHANNEL & APP: Did you know that you can find out what activities are happening in our community every day right from your TV by going to Channel 1970? You can even download the Intouchlink TV app on your cell phone to have the schedule right at your fingertips. Check out what activities are happening for the day and join all the fun.

ADVENTURE BY WALTONWOOD: We are looking for residents who are interested in an opportunity for a personalized and meaningful experience in 2026. The Adventure by Waltonwood program fulfills resident aspirations, revisits moments in time and rekindles connections. If you are interested in a personalized adventure, please contact Jocelyn.

COMMUNITY COMMUNICATION

10/3	Tacy Music Concert
10/5	Taco Town Food Truck ($)
10/5	Presentation with Jose: Carbs & Their Importance for Us
10/6	Campfire Roast
10/7	History Alive Show with Mary Ann: Rosie the Riveter
10/7	Violin Concert with Benedict G
10/8	Presentation with Jimmy B & Indri: Will AI Turn On Us?
10/9	Active Aging Week Awards
10/10	Fall Harvest Social
10/12	Sing Along with Bix
10/13	Lunch & Learn with Dana Rizzo: CVA/Brain Attack
10/13	Piano Bar with Hunter O'Neill
10/14	Apple-y Ever After Café
10/14	Leonardo Da Vinci Presentation with Kimberly Stein
10/14	Harp Concert with Gail Shanta
10/15	Polish Party (RSVP by 10/8)
10/15	History of India Part 2/Show & Tell with Tracy
10/16	Oktoberfest Festlichkeit & Herb Smith Duo
10/17	Silver Tunes Concert
10/19	Sketch Art Class with Kim R
10/19	Classical Era Presentation w/ JJ
10/20	History & Traditions of El Salvador Presentation with Jose
10/20	Vocal Piano Concert with Carlos I
10/21	Koffee Klatsch with Dana Rizzo: Importance of Monitoring Your BP
10/21	Vocal Guitar Concert with Gabe H
10/22	Art Presentation with Local Artist Pat Whittle
10/23	Murder Mystery Theater Luncheon A Grave Misunderstanding (RSVP)
10/24	Ice Cream Sandwich Social
10/27	BYOB Bash
10/28	Gourd Times Café
10/28	Marie Antoinette Presentation with Juliet Gilden
10/28	Pumpkin Carving
10/28	Piano Concert with Bertram McL
10/31	Halloween History, Trivia & More



FRIENDS & FAMILY REFERRAL PROGRAM!

$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT

OCTOBER 2026

WALTONWOOD®
Redefining Retirement Living
SINGH
44141 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

As we step into the cool nights of October, *Libra* the work to us. I *opal* have a good time joining us for our many upcoming events. During Active Aging Week join us for a food truck, live theater show, health & AI presentations and an awards ceremony. Grab a warm blanket and sit by the cozy fire as we tell scary ghost stories, sing songs and eat delicious ooey gooey s'mores at our Campfire Roast. Oktoberfest is here! Join us for some delicious peirogies. Don't miss the festlichkeit with soft pretzels and German beer while enjoying the oom pah pah sounds of the weisn. We have some fun café socials like Apple-y Ever After and Gourd Times and a Fall Harvest Social. We're heading to the volleyball tournament again this year. Will we bring the trophy home again? Our Murder Mystery Luncheon is back with the show "A Grave Misunderstanding." Become a part of this fun show by reading one of the character parts. As we get into the Halloween spirit, we have many fun themed activities like pumpkin carving, Community Trick or Treating with the local area schools, Resident & Staff Costume Parade and the Trick or Tequila Halloween Happy Hour. There is always something fun and exciting to do at our community. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Environmental Services Manager

Tracy Philemon
Independent Living Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Brandy Alexander
AL Life Enrichment Manager

Jocelyn Jackson
IL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Meyling Arellano for being selected Employee of the Month! Meyling was chosen because she goes above and beyond.



Meyling loves working with our Waltonwood residents. To her it's not just a job. She truly feels that she was put here to help others and feels in her heart that she is where she is supposed to be. Meyling ensures that the residents are nurtured and well taken care of.

Meyling worked as a general practitioner for 12 years in Nicaragua. When her mom needed assistance, she moved to Virginia to live with her and her sister. She has been in Virginia for almost 3 years. Meyling enjoys the nursing side of healthcare over being a doctor.

In Meyling's spare time, she goes to the park and the mall with her 2 children, mom and sister.

Meyling is thankful for the opportunity to work at Waltonwood since she doesn't have a lot of experience working with seniors. She is looking forward to continuing to grow in the field.

SEPTEMBER HIGHLIGHTS



FOREVER FIT: Active Aging Week

Celebrating its 23rd year, Active Aging Week kicks off Monday October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone, and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday October 5th be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.

TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the "Transportation Request Form" located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

Saturdays: 1:30pm CVS, Giant, Harris Teeter, Lidl, Trader Joes & Whole Foods
4th Saturday of the Month: 10am Shop at a different Farmer's Market every month
Sundays: 9:30am St. David's Episcopal, 10am St Theresa Catholic Church
& 1:30pm CVS, Dollar Store, Target, Walmart & Wegmans

10/2 9:30am Reading at Ashburn Elementary – RSVP by 10/1 – We need readers!
10/2 1pm Autumn Scenic Drive – RSVP by 10/1 – FREE
10/9 9:30am DC Trip: Museum of Illusions – RSVP by 10/2 - $30.00 (Admission)
10/16 4:30pm Supper Club: Euro Bistro – RSVP by 10/9 – Cost for meal, taxes & tip
10/23 TBD Movie Trip – RSVP by 10/19 – Cost for ticket, food & drink
10/29 5:30pm Spook-Tacular Senior Social at One Loudoun – RSVP by 10/22 - FREE

OCTOBER SPECIAL EVENTS

10/5-9
Active Aging Week

10/16
Oktoberfest Festlichkeit

10/23
Murder Mystery In-House Theater Luncheon (RSVP)

10/30
Community Trick or Treating – Costume Parade - Party



EXECUTIVE DIRECTOR CORNER

Active Aging Week is October 5th through October 9th. Please join us as we celebrate all the active and engaging life enriching programs we offer at Waltonwood Ashburn on a daily basis. We have exciting Halloween parties planned later in the month as well. Unfortunately, we also experience more instances of cold and flu as the weather changes and the days become shorter. Please refrain from participating in life enrichment activities and dining venues when feeling sick. Be safe when navigating outdoor spaces and parking lots in the dark. Enjoy a fantastic Fall! The Holiday Season is right around the corner and will be here before we know it.

